Open up to bigger problems

Brainstorm a list of big problems. As you do this, expand your horizons. Look for challenges to the well-being of your family, neighborhood, community, city, country, or world. Consider national and international problems—for example, world hunger, human rights violations, or depletion of the ozone layer. For a moment, enlarge your sphere of concern, moving from the hassles of your daily life to the problems of the planet.

Begin your list of problems in the space below and use additional paper if needed.