



## Write your testimonial

This exercise includes an unusual request: Write a testimonial for this book. And do this now—even before you read the rest of the book.

Writing your own testimonial is based on a simple idea: You don't need to wait until you're finished reading this book to find out whether it's going to be valuable. You can choose up front—right now.

While the content of this book is important, what you choose to *do* with the content plays a far larger role in creating the quality of your life. Commitment is more important than content. Nothing that's written on these pages can equal your commitment to create value from the suggestions in this book. Writing a testimonial is one way to further your commitment.

Right now, on a separate sheet of paper write what you want to be able to say about this book once you've finished reading it.

After you have written several testimonials of your own, read the following sample testimonials to stimulate your imagination. (Note: These testimonials are pure fiction, but you, as a reader, can make them come true.)

*The ideas in this book made significant life changes easy and joyful.*

*When reading this book, I discovered that I can be happy no matter what is going on in my life.*

*I saw for the first time that even when I feel sad or sick I can have a wonderful and joyous life.*

*Life is just wonderful! It always has been great, but I didn't realize it until I read this book.*

*Every hour of every day, I can make the choices to have my life continue to be outstanding.*

*Several years ago I read this book and made remarkable changes in my life. I haven't forgotten what I learned, and I continue to use the Success Strategies every day.*

*After reading this book, I transformed the quality of my life—dramatically—in just a few days.*

*I'm a skeptic, but the book showed me how to be happy almost every minute—and the ideas work, even though I still don't agree with all of them.*

*I've read dozens of self-help books, many of which were extremely helpful. This book did more than all of those books combined.*

*Like most people, I was doing pretty well and thought life couldn't get much better. Then I read this book and my life took an unbelievable leap forward. Now I realize that I didn't even need to read the book; I can just choose moment-to-moment happiness.*

*I thought I knew what transformation meant, then I read this book and realized that transformation means more than just improving. My life shifted dramatically for the better.*

*Unbelievable! I've never experienced anything like this book. It is possible to be happy no matter what happens in my life. And happiness is not equal to complacency.*

Now that you've read the preceding examples, you might want to revise your testimonials. Taking a few minutes to do this now can make your experience of this book even more valuable.